

Kansas Soybeans as a Food

Bring soy foods and soy fed protein to your classroom!



This program is designed for middle and high school family and consumer sciences classes. The purpose is to provide students the opportunity to explore soybeans in the form of soy foods and animal protein. From nutritional qualities to various uses and tastes- it's designed to bring resources to your classroom.

Soy Foods

Examples of soy products:

- Tofu
- Vegetable Oil (with soy)
- Tempeh
- Soy yogurt
- Soy milk

Examples of ingredient labels listings for soy:

- Vegetable Oil (Soybean)
- Soy Lecithin
- Soy Protein

Examples of products that may contain soy:

- Crisco
- Peanut Butter
- Chocolate
- Cereal

Soy Fed Proteins

- Beef
- Pork
- Poultry (chicken, turkey, eggs, etc.)
- Dairy (yogurt, milk, cheese, etc.)

How do Kansas soybeans get their start?

Kansas soybeans are grown by farmers, but once they leave the farm, their uses vary. Soybeans find their way into many of our grocery stores as an ingredient or product. Soybeans are not only a great protein source for humans, but also for livestock. Livestock such as beef, pork, poultry and dairy consume soybean meal.

Check the label for soy!

If the ingredient's label does NOT say there is soy in the product, then it cannot be reimbursed. The product **MUST** contain soy!

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What qualifies for reimbursement?

ANY grocery store food with soy on the label is eligible for reimbursement.

Half of the funds must be used for soy products or ingredient labels that list soy. Up to half of the funds can be used to purchase soy fed protein (examples are listed on the front side).

The amount reimbursed for the animal protein cannot exceed the amount reimbursed for foods with soy as an ingredient.



How to participate

1. Apply by filling out the form on the Kansas Soybean Association website: kssoy.org/FCS
2. Purchase soy food and soy fed protein products.
3. Conduct a lab with students. ONLY classroom activities are eligible for reimbursement.
4. Following reimbursement guidelines, submit receipts and complete the form by the deadline to be reimbursed.

More Information

To find the application and additional classroom resources, please use the following link:

<https://kansassoybeans.org/about-the-checkoff/soyfoods/fcs/>

Amount

Educators are eligible for \$3 per student and up to \$600 dollars per semester. The minimum amount that can be reimbursed is \$75.

17 students= \$75
78 students= \$234
150 students= \$400
200 students= \$600

Deadlines

Application

- Fall: September 30th
- Spring: February 28th

Reimbursement

- Fall: January 31st
- Spring: June 15th